



YOUR MENU @

**ELMHURST
PRIMARY SCHOOL**

Spring - Summer 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Chilli Con Carne with Rice	Lamb & Lentil Lasagne with Garlic Slice	Roast Chicken & Herby Stuffing with Roast Potatoes	Pizza Slice with Chips	Fish Fingers with Chips
Choice 2	Jacket Potato with Choice of Fillings V	'Fishwich' served in a Bun with Potato Salad	Thai Style Rice Bowl V	Wholemeal Spinach & Ricotta Pasta Parcels V	Chicken Shawarma in Flatbread
Choice 3	Quorn Dippers with Sweet & Sour Sauce & Egg Noodles V	Veggie Keema with Rice & Naan V	Roast Vegetable Tart served with Roast Potatoes PB	Jerk Sausage with Rice & Peas PB	Dhal & Rice V
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Morning Break Snack					

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 1 15 Apr, 6 May, 3 Jun, 24 Jun, 15 Jul, 2 Sep, 23 Sep, 14 Oct.

MEAT SERVED AT THIS SCHOOL IS HALAL (HMC)

KEY: **V** - Vegetarian **PB** - Plant Based **SS** - Sugar Smart
* - (Egg Free Dessert Recipe)



DINEin
AND DISCOVER



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Spring - Summer 2024

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Vegetarian Burrito with Coleslaw & Mexican Salad	Vegetarian Sausages served with Chips	Roast Chicken with Yorkshire Pudding served with Roast or New Potatoes	Lamb & Vegetable Jollof Rice	Fish in Batter with Chips
Choice 2	Creamy Butternut Squash Pasta Bake V	Chicken Burger served with Chips	Tuna Melt Panini served with Salad & Coleslaw	Jackfruit Bolognese PB	Chickpea & Potato Curry with Rice PB
Choice 3	Quorn Frankfurter Hot Dog with Jacket Wedges V	Cheese & Potato Pie V	Toad in the Hole served with Roast or New Potatoes V	Moroccan Style Tagine with Couscous PB	Veggie Pattie Muffin with Chips V
Vegetable Selection	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Fresh Carrots Green Beans
Morning Break Snack					

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 2

22 Apr, 13 May, 10 Jun, 1 Jul, 22 July, 9 Sep, 30 Sep, 21 Oct

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Eat for Free Scheme funded by



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Spring - Summer 2024

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Vegetarian Jellof Rice	Piri Piri Glazed Chicken with Rice	Souvlaki Chicken with New Potatoes	Tuscan Mixed Bean Pasta Bake with Focaccia Slice PB	Fish Fingers with Chips
Choice 2	Mac & Cheese with Focaccia V	Lentil & Vegetable Tikka Masala with Rice & Naan V	Vegetarian Burger in Bun served with Salad V	Lamb Burger in a Bun with Jacket Wedges	Tandoori Chicken Naan with Indian Style Salad & Yoghurt
Choice 3	Beany Wrap with Rice PB	Jacket Potato with Choice of Fillings V	Mediterranean Vegetable Tart with New Potatoes PB	Southern Style Burger in a Roll with Jacket Wedges V	Sausage in a Roll with Chips PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Morning Break Snack					

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 3

29 Apr, 20 May, 17 Jun, 8 Jul, 16 Sep, 7 Oct.

MEAT SERVED AT THIS SCHOOL IS HALAL (HMC)



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