

ALLERGENS ARE HIGHLIGHTED IN GREEN TEXT ANY POSSIBLE ALLERGENS ARE HIGHLIGHTED IN ORANGE TEXT

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|--|---|---|--|
| Main Choice | Burger in <u>Bun</u> with <u>Salad</u> & Jacket Wedges A: Wheat, Soya, Cereal with Gluten A: May contain Seseme | Lamb Biryani A: Mustard A: May contain Nuts, Celery | <u>BBQ Chicken</u> with Baked Potato A: Mustard A: May contain Nuts | <u>Chicken Tikka Naan</u> with <u>Raita</u> A: Mustard A: Wheat, Mustard, Milk, Cereal with Gluten A: Milk A: May contain Nuts, Peanuts | <u>Fish Fingers</u> with Chips A: Wheat, Fish, Cereals with Gluten |
| Vegetarian Choice | <u>Vegan Burger in a Bun</u> with <u>Salad</u> & Jacket Wedges A: Wheat, Soya, Cereal with Gluten A: May contain Seseme | Vegetable Pasta Bake with Garlic Slice A: Wheat, Milk, Cereal with Gluten A: May contain Mustard | <u>Cheese & Onion Slice</u> with Baked Potato A: Wheat, Soya, SO2&Sulphate, Mustard, Milk, Cereal with Gluten A: May contain Nuts | <u>Veggie Keema Naan</u> With <u>Raita</u> A: Soya, Mustard A: Wheat, Milk, Cereal with Gluten A: Milk A: May contain Celery | <u>Cheese & Tomato Pizza</u> with Chips A: Wheat, Milk, Cereal with Gluten A: May contain Celery |
| Side Dishes | 'Finger' Salad | 'Finger' Salad | 'Finger' Salad | 'Finger' Salad | 'Finger' Salad |
| Daily Options | <u>Dhal & Rice</u> / Fresh Fruit / Fruit Yoghurt / Muffins or Cake A: Mustard A: May contain Celery in Dhaal and Rice | | | | |

Sandwiches: A: Wheat, Mustard, Milk, Fish, Eggs, Cereal with Gluten

Yoghurt: A: Milk

Muffins: A: Wheat, Milk, Fish, Eggs, Cereal with Gluten; May contain soya

Mini Flapjacks: A: Milk, Cereal with Gluten; May contain Nuts, Milk, Eggs

Coleslaw: A: Mustard, Milk, Eggs

Meat served at this school is Halal un-stunned

WEEK 1 MENU SERVED ON THE FOLLOWING WEEKS:

W.B 01/09/2021

W.B 20/09/2021

W.B 11/10/2021

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| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|---|--|--|---|
| Main Choice | <u>Lamb Tikka with Naan Bread</u> A: Wheat, Mustard, Milk, Cereal with Gluten A: May contain Nuts, Peanuts | <u>Chicken Korma with Naan Bread</u> A: Mustard, Milk A: May contain Wheat, Nuts, Soya, Seseme, Cereals with Gluten, Celery | <u>Roast Chicken with Yorkshire Pudding & Roast Potatoes</u> A: Wheat, Milk, Eggs, Cereal with Gluten | <u>BBQ Chicken Pizza with Jacket Wedges</u> A: Wheat, Soya, Milk, Cereal with Gluten A: May contain Celery | Fish in Batter with Chips A: Wheat, Soya, Fish, Cereal with Gluten |
| Vegetarian Choice | <u>Macaroni Cheese with Garlic Bread</u> A: Wheat, Molluscs, Milk, Cereal with Gluten, Celery A:Wheat, Cereals with Gluten A: May contain Soya | <u>Jacket Potatoes with Cheese</u> A:Milk | Veggie Quesadilla A: Wheat, Soya, Milk, Cereal with Gluten A: May contain Nuts | <u>Veggie Pizza with Jacket Wedges</u> A: Wheat, Milk, Cereal with Gluten A: May contain Celery | Veggie Sausage with Chips A: Wheat, Milk, Eggs, Cereal with Gluten |
| Side Dishes | 'Finger' Salad | 'Finger' Salad | 'Finger' Salad | 'Finger' Salad | 'Finger' Salad |
| Daily Options | <u>Dhal & Rice</u> / Fresh Fruit / Fruit Yoghurt / Muffins or Cake A: Mustard A: May contain Celery in Dhaal and Rice | | | | |

WEEK 2 MENU SERVED ON THE FOLLOWING WEEKS:

W.B 06/09/2021
W.B 27/09/2021
W.B 18/10/2021

Sandwiches: A: Wheat, Mustard, Milk, Fish, Eggs, Cereal with Gluten

Yoghurt: A: Milk

Muffins: A: Wheat, Milk, Fish, Eggs, Cereal with Gluten; May contain soya

Mini Flapjacks: A: Milk, Cereal with Gluten; May contain Nuts, Milk, Eggs

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| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|--|---|--|---|
| Main Choice | <u>Mexican Chicken Fajitas</u> A: Wheat, Cereals with Gluten | Lamb Keema with Rice A: Mustard A: May contain Cereals with gluten, Celery | <u>Roast Chicken with Yorkshire Pudding & Roast Potatoes</u> A: Wheat, Milk, Eggs, Cereals with Gluten | <u>Chicken & Vegetable Pasta Bake</u> A: Wheat, Milk, Cereals with Gluten | <u>Fish Fingers with Jacket Wedges</u> A: Wheat, Fish, Cereals with Gluten |
| Vegetarian Choice | Vegetable Biryani A: Mustard, Milk A: May contain Nuts, Wheat, Soya, Sesame, Cereals with Gluten, Celery | <u>Cheese & Tomato Pizza with Coleslaw</u> A: Wheat, Milk, Cereals with Gluten A: May contain Celery | <u>Veggie Burger in a Bun with Chips</u> A: Wheat, Soya, Eggs, Cereal with Gluten | Jacket Potatoes with Veggie Fillings A: Soya, Milk, Cereals with Gluten | <u>Vegetable Samosa with Jacket Wedges</u> A: Wheat, Cereals with Gluten |
| Side Dishes | 'Finger' Salad | 'Finger' Salad | 'Finger' Salad | 'Finger' Salad | 'Finger' Salad |
| Daily Options | <u>Dhal & Rice</u> / Fresh Fruit / Fruit Yoghurt / Muffins or Cake A: Mustard A: May contain Celery in Dhaal and Rice | | | | |

Sandwiches: A: Wheat, Mustard, Milk, Fish, Eggs, Cereal with Gluten

Yoghurt: A: Milk

Muffins: A: Wheat, Milk, Fish, Eggs, Cereal with Gluten; May contain soya

Mini Flapjacks: A: Milk, Cereal with Gluten; May contain Nuts, Milk, Eggs

WEEK 3 MENU SERVED ON THE FOLLOWING WEEKS:

W.B 13/09/2021

W.B 04/10/2021

W.B 25/10/2021

Meat served at this school is Halal un-stunned