

ALLERGENS ARE HIGHLIGHTED IN GREEN TEXT ANY POSSIBLE ALLERGENS ARE HIGHLIGHTED IN ORANGE TEXT

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	<p><u>Burger in Bun with Salad & Jacket Wedges</u> A: Wheat, Soya, Cereal with Gluten A: May contain Seseme</p>	<p><u>Fish Finger Wrap With Salad & Chips</u> A: Wheat, Mustard, Milk, Fish, Eggs, Cereal with Gluten</p>	<p><u>BBQ Chicken with Baked Potato</u> A: Mustard A: May contain Nuts</p>	<p><u>Chicken Tikka Naan with Raita</u> A: Mustard A: Wheat, Milk, Cereal with Gluten A: Milk A: May contain Nuts, Peanuts</p>	<p><u>Crunchy Tuna Taco</u> A: Wheat, Mustard, Milk, Fish, Eggs, Cereal with Gluten A: May contain Nuts</p>
Vegetarian Choice	<p><u>Vegan Burger in a Bun with Salad & Jacket Wedges</u> A: Wheat, Soya, Cereal with Gluten A: May contain Seseme</p>	<p><u>Vegetarian Meatball Melt in Wholemeal Roll with Chips</u> A: Wheat, Mustard, Milk, Fish, Eggs, Cereal with Gluten A: May contain Soya, SO2 & Sulphites</p>	<p><u>Cheese & Onion Slice with Baked Potato</u> A: Wheat, Soya, SO2 & Sulphate, Mustard, Milk, Cereal with Gluten A: May contain Nuts</p>	<p><u>Veggie Keema Naan With Raita</u> A: Soya, Mustard A: Wheat, Milk, Cereal with Gluten A: Milk A: May contain Celery</p>	<p><u>Pizza with Olives & Tomato</u> A: Wheat, Milk, Cereal with Gluten A: May contain Celery</p>
Side Dishes	'Finger' Salad	'Finger' Salad	'Finger' Salad	'Finger' Salad	'Finger' Salad
Daily Options	<p><u>Dhal & Rice</u> / Fresh Fruit / Fruit Yoghurt / Muffins or Cake A: Mustard A: May contain Celery in Dhaal and Rice</p>				

Sandwiches: A: Wheat, Mustard, Milk, Fish, Eggs, Cereal with Gluten

Yoghurt: A: Milk

Muffins: A: Wheat, Milk, Fish, Eggs, Cereal with Gluten; May contain soya

Mini Flapjacks: A: Milk, Cereal with Gluten; May contain Nuts, Milk, Eggs

Coleslaw: A: Mustard, Milk, Eggs

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	<u>Italian Chicken Baguette</u> A: Wheat, Cereal with Gluten A: May contain Soya, Milk	<u>Chicken Korma with Naan Bread</u> A: Mustard, Milk A: May contain Wheat, Nuts, Soya, Sesame, Cereals with Gluten, Celery	<u>Roast Chicken with Yorkshire Pudding & Roast Potatoes</u> A: Wheat, Milk, Eggs, Cereal with Gluten	<u>BBQ Chicken Pizza with Jacket Wedges</u> A: Wheat, Soya, Milk, Cereal with Gluten A: May contain Celery	<u>Tuna Crunch Baguette</u> A: Wheat, Mustard, Milk, Fish, Eggs, Cereal with Gluten A: May contain Soya
Vegetarian Choice	<u>Macaroni Cheese with Garlic Bread</u> A: Wheat, Molluscs, Milk, Cereal with Gluten, Celery A: Wheat, Cereals with Gluten A: May contain Soya	<u>Jacket Potatoes with Cheese</u> A: Milk	<u>Avocado, Tomato & Olive Baguette</u> A: Wheat, Cereal with Gluten A: May contain Soya	<u>Veggie Pizza with Jacket Wedges</u> A: Wheat, Milk, Cereal with Gluten A: May contain Celery	<u>Roasted Vegetable with Feta Cheese in Pitta Bread</u> A: Wheat, Milk, Cereal with Gluten
Side Dishes	'Finger' Salad	'Finger' Salad	'Finger' Salad	'Finger' Salad	'Finger' Salad
Daily Options	<u>Dhal & Rice</u> / Fresh Fruit / Fruit Yoghurt / Muffins or Cake A: Mustard A: May contain Celery in Dhaal and Rice				

Sandwiches: A: Wheat, Mustard, Milk, Fish, Eggs, Cereal with Gluten

Yoghurt: A: Milk

Muffins: A: Wheat, Milk, Fish, Eggs, Cereal with Gluten; May contain soya

Mini Flapjacks: A: Milk, Cereal with Gluten; May contain Nuts, Milk, Eggs

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	<u>Mexican Chicken Fajitas</u> A: Wheat, Cereals with Gluten	<u>Tuna Wholemeal Hoagie Melt</u> A: Wheat, Soya, Mustard, Milk, Fish, Eggs, Cereals with Gluten A: May contain Seseme	<u>Roast Chicken with Yorkshire Pudding & Roast Potatoes</u> A: Wheat, Milk, Eggs, Cereals with Gluten	<u>Chicken & Vegetable Pasta Bake</u> A: Wheat, Milk, Cereals with Gluten	<u>Fish Finger Sandwich with Jacket Wedges</u> A: Wheat, Fish, Cereals with Gluten
Vegetarian Choice	<u>Veggie Sausage Brunch Muffin</u> A: Wheat, Soya, Milk, Eggs, Cereals with Gluten, Celery A: May contain Nuts	<u>Cheese & Tomato Pizza with Coleslaw</u> A: Wheat, Milk, Cereals with Gluten A: May contain Celery	<u>Veggie Burger in a Bun with Chips</u> A: Wheat, Soya, Eggs, Cereal with Gluten	<u>Veggie Hot Dog</u> A: Wheat, Cereals with Gluten A: May contain Nuts, Seseme	<u>Vegetable Samosa with Jacket Wedges</u> A: Wheat, Cereals with Gluten
Side Dishes	'Finger' Salad	'Finger' Salad	'Finger' Salad	'Finger' Salad Corn in the Cob	'Finger' Salad
Daily Options	<u>Dhal & Rice</u> / Fresh Fruit / Fruit Yoghurt / Muffins or Cake A: Mustard A: May contain Celery in Dhaal and Rice				

Sandwiches: A: Wheat, Mustard, Milk, Fish, Eggs, Cereal with Gluten

Yoghurt: A: Milk

Muffins: A: Wheat, Milk, Fish, Eggs, Cereal with Gluten; May contain soya

Mini Flapjacks: A: Milk, Cereal with Gluten; May contain Nuts, Milk, Eggs

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