








# WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Burger in a Burger Bun with Salad & Spicy Wedges	Lamb & Vegetable Tikka Masala with Basmati Rice	Roast Chicken & Stuffing with Roast Potatoes	Savoury Chicken & Sweetcorn Pancakes & New Potatoes	Traditional Keema with Naan Bread
Fisherman's Pie	Italian Style Fish Fillet with Pesto & Cherry Tomatoes	White Fish Bake with Roast Potatoes	Cheesy Tuna Pizza	Fish Fingers with Chips 
Chick Pea & Potato Curry with Peshwari Bread	Vegetarian Lasagne & Focaccia	Mixed Bean Hot Pot	Cheese & Tomato Pizza	Cheese & Onion Slice with Chips
Sweetcorn & Fresh Broccoli	Fresh Cauliflower & Garden Peas	Organic Carrots & Fresh Cabbage 	Mini Corn Cobbett & Grilled Tomatoes	Garden Peas & Baked Beans
Pear & Chocolate Crumble with Custard	Tutti Frutti Flapjack	Sticky Honey & Orange Cake with Custard	Fruit Cheesecake	Fruit, Jelly & Ice Cream

# WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Baked Sausages with Mashed Potatoes	Pasta Bolognese Bake & Garlic Slice	Roast Turkey & Yorkshire Pudding with Roast Potatoes	Glazed BBQ Chicken & Herby Diced Potatoes	Chicken & Sweetcorn Pie with Puff Pastry with Jacket Wedges
Jacket Potato with Tuna & Sweetcorn	Fish in Creamy Coconut Curry with Basmati Rice	Ciabatta Tuna Melt	Fish In Cheese Sauce & Herby Diced Potatoes	Fish Fillet in Batter with Jacket Wedges
Quorn & Pepper Frittata with Mashed Potatoes	Veggie Burger in a Wholemeal Bun with Salad	Quorn & Sweet Potato Curry with Rice 	Vegetarian Pasta Bake	Warming Winter Crumble with Jacket Wedges
Fresh Cauliflower & Mixed Vegetables	Mini Corn Cobbett & Fresh Roasted Peppers	Organic Carrots & Garden Peas 	Sweetcorn & Fresh Broccoli	Garden Peas & Baked Beans
Fruit Smoothie	Peach Melba Sponge Slice with Custard	Apple & Pear Crumble with Custard	Cornflake Cracknel	Frozen Yoghurt with Fruit

# WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti and Meatballs in a Marinara Sauce	Chicken & Vegetable Jolloff Rice	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Lasagne with Garlic & Herb Slice	Greek Style Chicken Souvlaki with Herby Diced Potatoes
Creamy Fish Pie with Lemon & Parsley Mash	Fish Finger Wrap with Tomato & Basil Mayo 	Crunchy Cod Crumble with Roast Potatoes	Neapolitan Tuna Pasta Bake with Garlic & Herb Slice	White Fish Bake & Lemon with Herby Diced Potatoes
Vegetable & Lentil Curry with Rice	Vegetarian Shepherd's Pie	Quorn Sausage Cassoulet with Roast Potatoes 	Spanish Omelette with Baby Baked Potatoes	Vegetarian Chill with Rice
Garden Peas & Roasted Vegetables	Sweetcorn & Green Beans	Organic Carrots & Roasted Autumn Vegetables 	Winter 'Slaw & Country Vegetables	Baked Beans & Garden Peas
Peaches & Custard	Citrus & Coconut Sponge with Custard	Chocolate & Mandarin Mousse	Carrot & Sultana Cake with Custard	Mini Scotch Pancake with Fruit

All meat served at this school is Halal. All items are subject to availability.

## MENU DATES FOR ELMHURST PRIMARY SCHOOL

OCTOBER 2017	NOVEMBER 2017	DECEMBER 2017	JANUARY 2018	FEBRUARY 2018	MARCH 2018
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
1	1 2 3 4 5	1 2 3	1 2 3 4 5 6 7	1 2 3 4	1 2 3 4
2 3 4 5 6 7 8	6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14	5 6 7 8 9 10 11	5 6 7 8 9 10 11
9 10 11 12 13 14 15	13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	12 13 14 15 16 17 18	12 13 14 15 16 17 18
16 17 18 19 20 21 22	20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28	19 20 21 22 23 24 25	19 20 21 22 23 24 25
23 24 25 26 27 28 29	27 28 29 30	25 26 27 28 29 30 31	29 30 31	26 27 28	26 27 28 29 30 31
30 31					

 WEEK 1  
 WEEK 2  
 WEEK 3

### Additional Daily Food Options

- Fresh Seasonal Fruit Platter
- Fresh Yoghurt
- Cheese & Biscuits
- Homemade Bread